

## VIABILITY AND PHYSIOLOGICAL RESPONSES OF YEASTS EXPOSED TO STRESS CONDITIONS OCCURING IN WEST AFRICAN FERMENTED CEREAL DOUGHS

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### Background

- African fermented doughs constitutes a important part of daily food intake
- Fermentation lasts from 24-48h, depending on the rate of acidification and the preference of the producer
- Elucidation of the viability and stress resistance responses of yeasts toward conditions mimicking those in cereal doughs can impact the design strategies for improved quality and safety of the doughs

**AIM:** Get an understanding of how the stress factors in fermented cereal doughs influence the growth and survival of the predominant yeast species (*Saccharomyces* and non-*Saccharomyces*) and to investigate differences in sensitivity at species and strain levels

### West African fermented cereal dough



↓ Ethanol      ↓ Lactic acid  
 Acetic acid

## The twelve yeast isolates included



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Occurrence of lactic acid bacteria and yeasts at species and strain level during spontaneous fermentation of mawè, a cereal dough produced in West Africa



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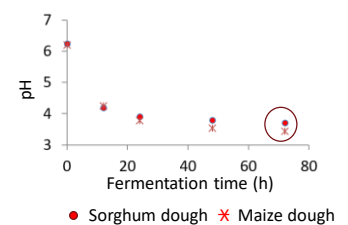
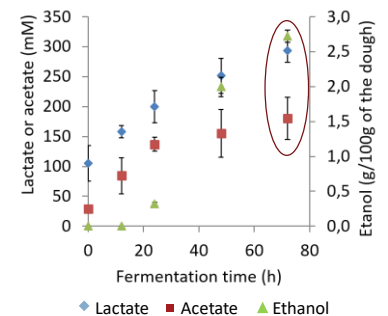
Isolate	Identity	Isolate source (cereal dough and fermentation duration)	NCBI GenBank accession no
Sc1	<i>Saccharomyces cerevisiae</i>	Undehulled maize mawè	36h MG245859
Sc2	<i>Saccharomyces cerevisiae</i>	Commercial maize mawè	onset MG245839
Sc3	<i>Saccharomyces cerevisiae</i>	Undehulled maize mawè,	36h MG245858
Cg1	<i>Candida glabrata</i>	Commercial maize mawè	6h MG245841
Cg2	<i>Candida glabrata</i>	Commercial maize mawè	onset Submission in progress
Cg3	<i>Candida glabrata</i>	Commercial maize mawè	24h MG245821
Km1	<i>Kluyveromyces marxianus</i>	Commercial maize mawè	onset MG245826
Km2	<i>Kluyveromyces marxianus</i>	Commercial sorghum mawè	6h MG245824
Km3	<i>Kluyveromyces marxianus</i>	Homemade maize mawè	onset MG245846
Pk1	<i>Pichia kudriavzevii</i>	Homemade maize mawè	onset MG245834
Pk2	<i>Pichia kudriavzevii</i>	Commercial sorghum mawè	6h MG245830
Pk3	<i>Pichia kudriavzevii</i>	Homemade maize mawè	12h MG245831

## Experiment conditions

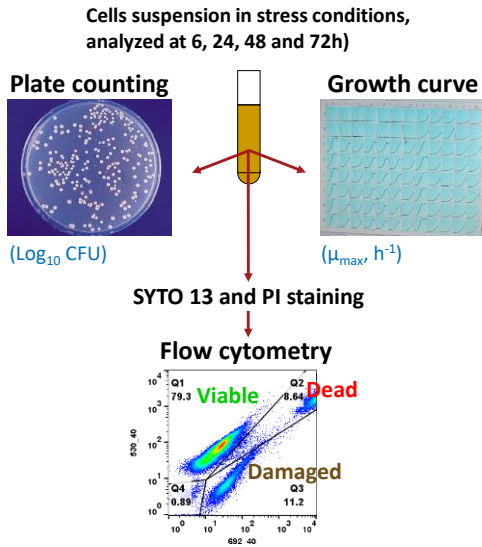
Performed in malt, yeast extract, glucose, peptone (MYGP)

1. No stress (pH 5.6)
2. Low pH stress (pH 3.4)
3. Ethanol stress (EtOH) (with 3% (v/v) EtOH, pH 3.4)
4. Lactic acid stress (LA) (with 285 mM LA, pH 3.4)
5. Acetic acid stress (AA) (with 150 mM AA, pH 3.4)
6. LA + AA stress (with 285 mM LA and 150 mM AA, pH 3.4)
7. LA + AA + EtOH stress (with 285 mM LA, 150 mM AA, 3% (v/v) EtOH, pH 3.4)

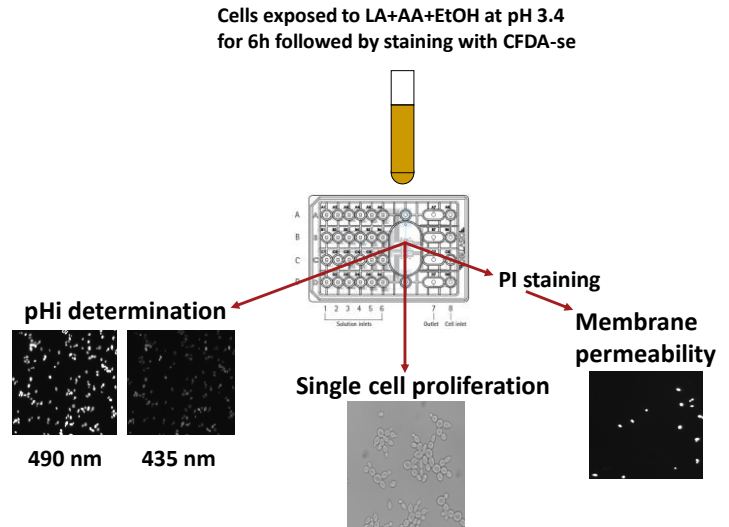
### DOUGH CONDITIONS



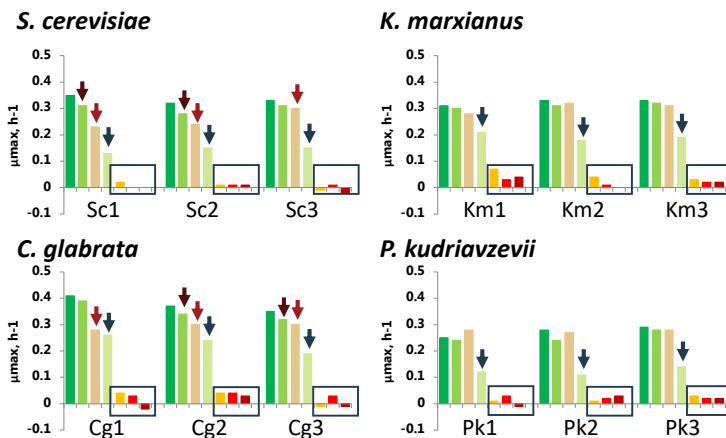
## Growth and viability



## pHi, membrane permeability and micro colony formation of stressed single cells



## Maximum specific growth rate (μ<sub>max</sub>, h<sup>-1</sup>)



Maximum specific growth rate:

Decreased significantly for all strains of *C. glabrata* exposed to lactic and acetic acid (pH 3.4)

Decreased significantly for all strains of *P. kudriavzevii* exposed to lactic and acetic acid (pH 3.4)

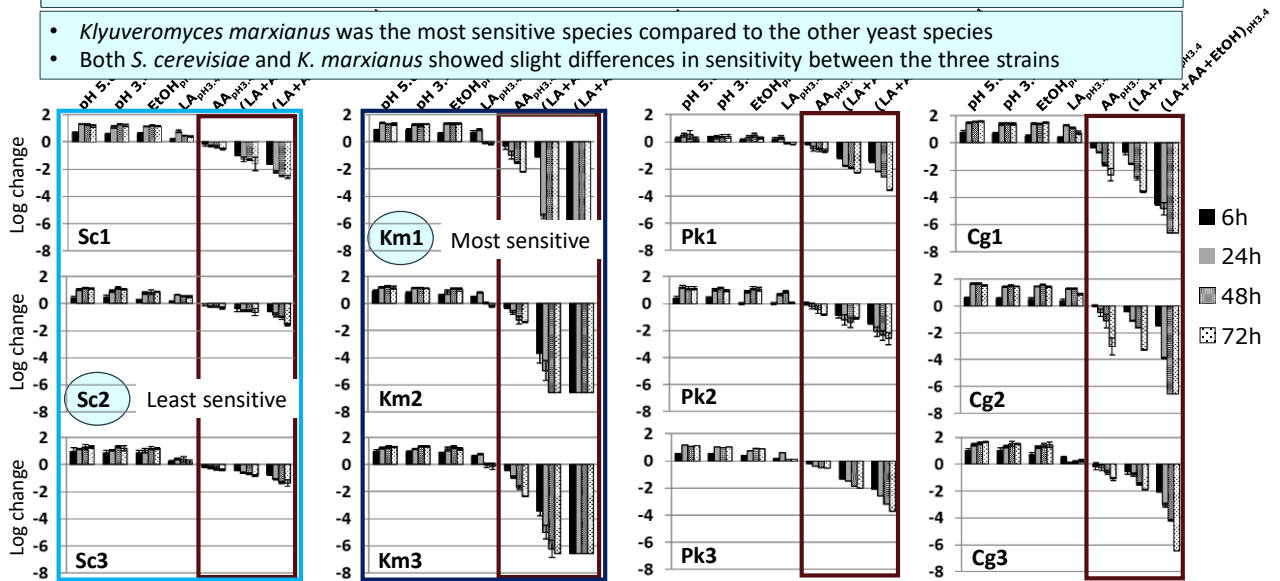
Decreased significantly for all strains of *S. cerevisiae* exposed to lactic and acetic acid (pH 3.4)

Decreased significantly for all strains of *S. cerevisiae* exposed to lactic, acetic acid and ethanol (pH 3.4)

- No-stress condition, pH 5.6
- Low pH stress, pH 3.4
- Acetic acid stress, AA<sub>pH3.4</sub>
- Lactic acid stress, LA<sub>pH3.4</sub>
- Combination of lactic and acetic acid stresses, (LA+AA)<sub>pH3.4</sub>
- Combination of lactic, acetic acid and ethanol stresses, (LA+AA+EtOH)<sub>pH3.4</sub>

## Survival in the various stress conditions assessed by plate counting

- Acetic acid and the combinations of stress conditions decreased survival of all strains
- Kluyveromyces marxianus* was the most sensitive species compared to the other yeast species
- Both *S. cerevisiae* and *K. marxianus* showed slight differences in sensitivity between the three strains

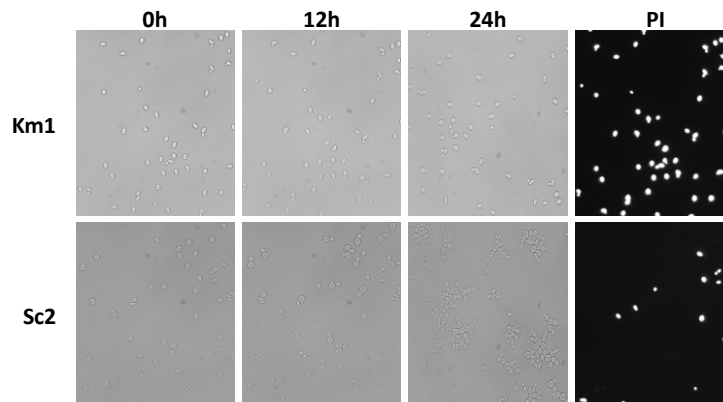


## Ability of yeast cells to recover from the stress damages determined by fluorescent microscopy



98% of stressed cells of Km1 had acidic  $pH_i \leq 5.0$

38% of stressed cells of Sc2 maintained  $pH_i$  between 6 and 7.4



- 100% of Km1 cells were membrane permeable and did not grow
- 46.5% of Sc2 cells maintained membrane integrity and resumed proliferation after 3-24h

## Conclusions and perspectives

- The combined approach of flow cytometry and fluorescent microscopy provided qualitative and quantitative information in near real time on the sensitivity between and within species and strains
- The sensitivity of examined yeasts was species, strain and cell dependent
- *S. cerevisiae* strains were less sensitive followed by *P. kudriavzevii*, while *C. glabrata* and *K. marxianus* were more sensitive
- pH<sub>i</sub> and plasma membrane integrity were found to be inter-related physiological parameters, which together determine yeast cell sensitivity, viability and culturability
- There is the need for optimizing the fermentation process in order to change the environment of fermented dough in favor of *K. marxianus* strains as well as other less resistant *S. cerevisiae* strains



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